

# NIDDK

## *Accelerating the Dissemination and Translation of Clinical Research into Practice*

**The Following Faculty have No Relevant Financial Relationships  
with Commercial Interests**

**Opening Remarks: Dr. Griffin Rodgers**

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AND KIDNEY DISEASES



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# Examples of Translation Efforts in NIDDK

Griffin P. Rodgers, M.D., M.A.C.P.

Director, National Institute of Diabetes and Digestive and Kidney Diseases

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AND KIDNEY DISEASES



### The Diabetes Prevention Program Study



Critical finding: Prevention is achievable for many people at-risk for type 2 diabetes

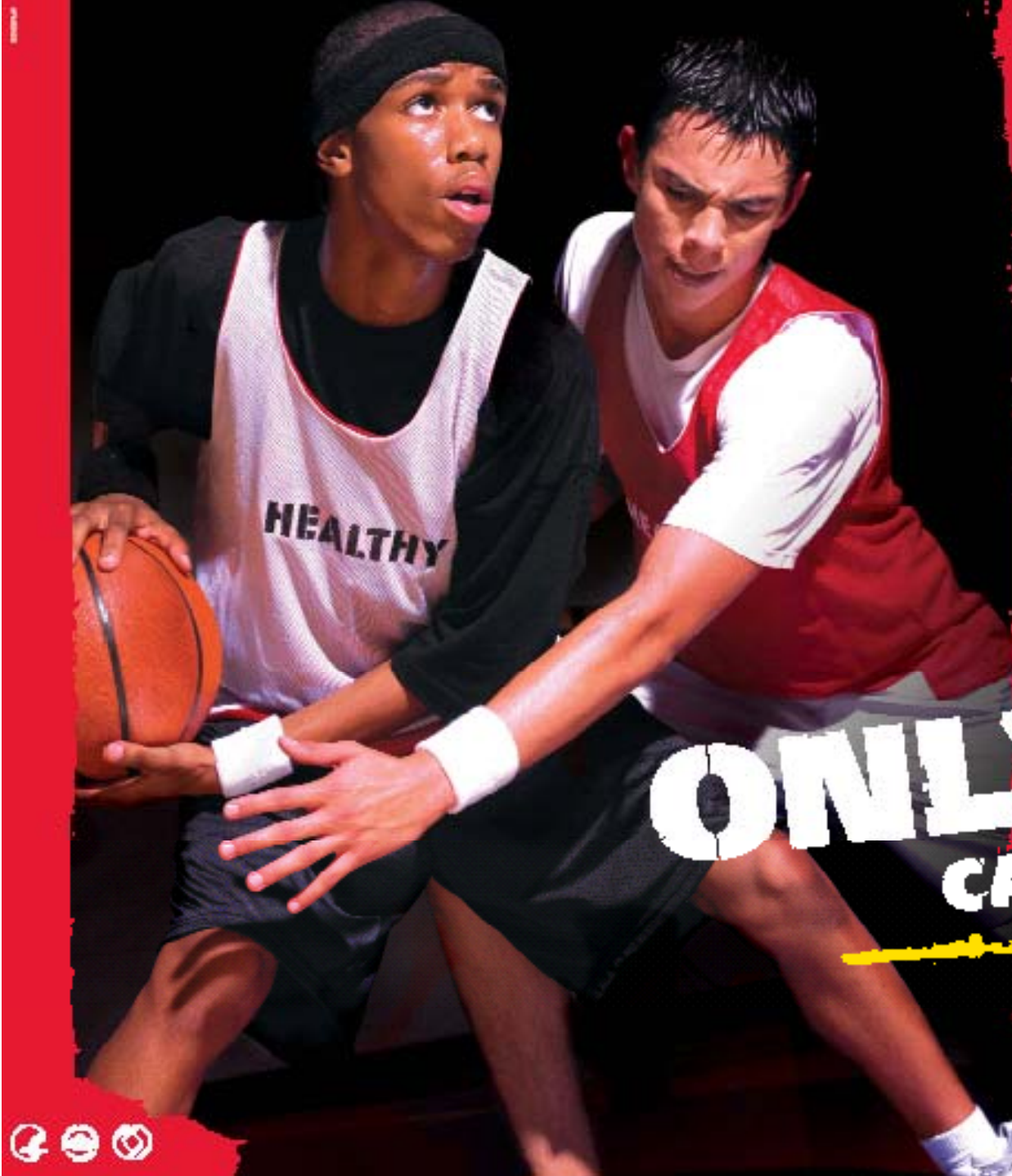
- Lifestyle modification intervention lowered risk of diabetes by 58%.
- Metformin lowered diabetes risk by 31%.

### National Diabetes Education Program



Campaign Goal: translate DPP results into practice

- Provides DPP-proven tools for lifestyle change to those at high risk of diabetes and their health care providers
- Sponsored by NIDDK, CDC and 200 partners



**HEALTHY**

**ONLY YOU  
CAN MOVE YOU**

**GET PHYSICAL.**

ONE HOUR A DAY, EVERY DAY.



# NIDDK Diabetes Research and Dissemination Spectrum



*"Bench to Bedside and Beyond"*

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