

Creighton University
School of Pharmacy and Profession
School of Nursing
IPE ___ Interprofessional Health Promotion

Course Syllabus
Spring Term 2009

COURSE TITLE: Interprofessional Health Promotion
COURSE NUMBER: IPE ___
SEMESTER HOURS: 2 credits
REQUIRED: No, an elective course offering
COURSE HOURS/SCHEDULE:

BULLETIN DESCRIPTION: This course will provide an opportunity for students to develop and demonstrate an appreciation for discipline specific and interprofessional roles in community based health promotion. The course will combine both classroom and community experiences. Students will gain knowledge and skills about health promotion by active participation in the implementation of a community identified health promotion project as an interprofessional team.

JUSTIFICATION: Health professionals have an obligation to improve both the health of the individual and the public in a time of scarce resources. The Institute of Medicine (IOM), Healthy People Curriculum Task Force and professional education standards indicate the need for health care professionals to demonstrate competencies related to community engagement, basic health promotion skills and the ability to work effectively in interprofessional teams. Through the context of community engagement, students will have opportunities to develop health promotion competencies in an authentic environment.

COURSE OBJECTIVES: During and upon completion of the learning experiences, students will have the ability to:

1. Identify own profession specific role and the overall roles and responsibilities of an interprofessional healthcare team towards achieving Healthy People 2010 goals.
2. Collaborate effectively as interprofessional healthcare team members to address the Healthy People 2010 objectives related to physical activity, nutrition, preventive screening, health literacy and making healthy choices to promote health and prevent disease.
3. Demonstrate the ability to effectively engage community stakeholders by performing a health promotion needs assessment, implementing a community health intervention and evaluating the outcomes.

INSTRUCTIONAL METHODS: Lecture, discussion groups, guest lecturers, community experiences

GRADING:

Value Final Grade (%)	Grading Components
20	Quizzes (5 total)
20	Reflection papers (4 total)
25	Group presentations (1 total)
25	Participation in experiential component (from sign-in sheet at site)
10	Community partner evaluation

Grading Scale

90-100	A
85-89	B+
80-84	B
75-79	C+
70-74	C
60-69	D
Below 60	F

COURSE FACULTY:**INSTRUCTOR OF RECORD/COURSE COORDINATOR:**

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INSTRUCTORS:

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 Teresa Cochran, PT, DPT (Physical Therapy)
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COURSE WEB SITE: The blueline course website is <http://blueline.creighton.edu>. The course is IPE ___ Interprofessional Health Promotion (Spring 2009).

TEXT(S): The instructional materials for this course are being prepared by the instructional team listed within this syllabus. The instructors are preparing content chapters that will become the text for this course. These materials will be provided on the course website (<https://blueline.creighton.edu>).

ATTENDANCE: Attendance and participation are important aspects of professional education. An active presence is expected of all students and is critical to the professional development of a health professional. Participation is also important to the learning/teaching environment. This includes coming to class prepared for discussion, contribution of ideas/questions during class, active involvement in small groups and dialogue with the instructor and classmates. The instructors reserve the right to evaluate the quality of participation and effort made to learn the course material on a subjective basis when a student grade is on the borderline between letter grades.

Students enrolled in the School of Pharmacy and Health Professions: The latest policies, including those regarding students with disabilities and misconduct can be found on the School of Pharmacy and

Health Professions website at http://spahp.creighton.edu/Acad_SAffairs/policies.asp. Each student is responsible for becoming familiar with all of the latest policies.

“Faculty reserve the right to make changes in a course as necessary and those changes must be submitted to the Curriculum Committee within 30 days.”

COURSE SCHEDULE

Session	Format	Topic	Objectives
Week 1	Didactic (2 hr)	Introduction, Team building activities, Group formation.	1. Define course requirements. 2. Explain health promotion. 3. Form teams.
Week 2	Didactic (2 hr)	Reflection Paper #1 due today. Individual professional vs. interprofessional team roles and responsibilities in healthcare, Scope of practice, Conflict negotiation/resolution, Discuss reflection #1.	1. Each student should be able to articulate their professions role in the concept of health promotion. 2. Explain the advantages of a team approach in health promotion.
Week 3	Didactic (2 hr)	Team building, Healthy People 2010 goals/objectives.	1. Outline the goals and objectives of Healthy People 2010 that are related to health promotion.
Week 4	Didactic (2 hr)	Community partners present to class.	1. Summarize the mission and purpose of the community outreach sites that are partnering with this course.
Week 5	Didactic (1 hr) Community experience (2 hr)	Resource gathering for community projects. Site Visit at community partner (site tours, Windshield Survey).	1. Formulate a basic project outline and identify resources needed for the project.
Week 6	Didactic (1 hr) Community experience (2 hr)	Reflection Paper #2 due today. Students meet in class to perform needs assessment and discuss community experience. Onsite planning – groups meet at site to plan their project.	1. Articulate the needs of the community partner. 2. Formulate a plan for the community site.
Week 7	Didactic (1 hr) Community experience (2 hr)	Quiz #1. Health behavior change, Nutrition and health promotion. Program implementation at community sites.	1. Explain several health behavior change models. 2. List program related and patient related barriers to adherence and several strategies to overcome these barriers. 3. Recall the importance of proper nutrition for the prevention of disease. 4. Implement project at community site.
Week 8	Didactic (1 hr)	Quiz #2. Nutrition and Health Promotion.	1. List basic nutrition principles.

	Community experience (2 hr)	Program implementation at community sites.	2. Highlight the important aspects of the 2005 Dietary Guidelines for Americans. 3. Implement project at community site.
Week 9	Didactic (1 hr) Community experience (2 hr)	Physical activity and health promotion. Program implementation at community sites.	1. Recall importance of physical activity as it relates to health benefits and disease prevention. 2. Define the basic components of physical activity. 3. Implement project at community site.
Week 10	Didactic (1 hr) Community experience (2 hr)	Quiz #3. Physical activity and health promotion. Program implementation at community sites.	1. Explain the principles of an individual exercise program. 2. Outline a group exercise presentation. 3. Implement project at community site.
Week 11	Didactic (1 hr) Community experience (2 hr)	Reflection Paper #3 due today. Preventive screening and health promotion. Program implementation at community sites.	1. Identify and explain appropriate health screening tools for health promotion. 2. Implement project at community site.
Week 12	Didactic (1 hr) Community experience (2 hr)	Quiz #4. Health literacy and health promotion. Program implementation at community sites.	1. List and explain strategies to enhance health literacy of health promotion. 2. Implement project at community site.
Week 13	Didactic (1 hr) Community experience (2 hr)	Quiz #5. Making healthy choices to promote health and prevent disease. Program implementation at community sites.	1. List strategies to improve healthy choices of nutrition, physical activity, tobacco abstinence, and others. 2. Implement project at community sites.
Week 14	Didactic (1 hr) Community experience (2 hr)	Grants and sustainability. Community disengagement.	1. List external funding agencies for health promotion projects. 2. Summarize the application procedure for submitting a grant. 3. Wrap-up project at community site.
Week 15	Didactic (1 hr)	Project wrap-up and closure.	1. Explain the process for

	Community experience (2 hr)	Community disengagement, Partner evaluations/feedback.	transitioning projects to community partners.
Week 16	Didactic (2 hr)	Reflection Paper #4 due today. Groups present their projects.	Develop presentation and explain community project.